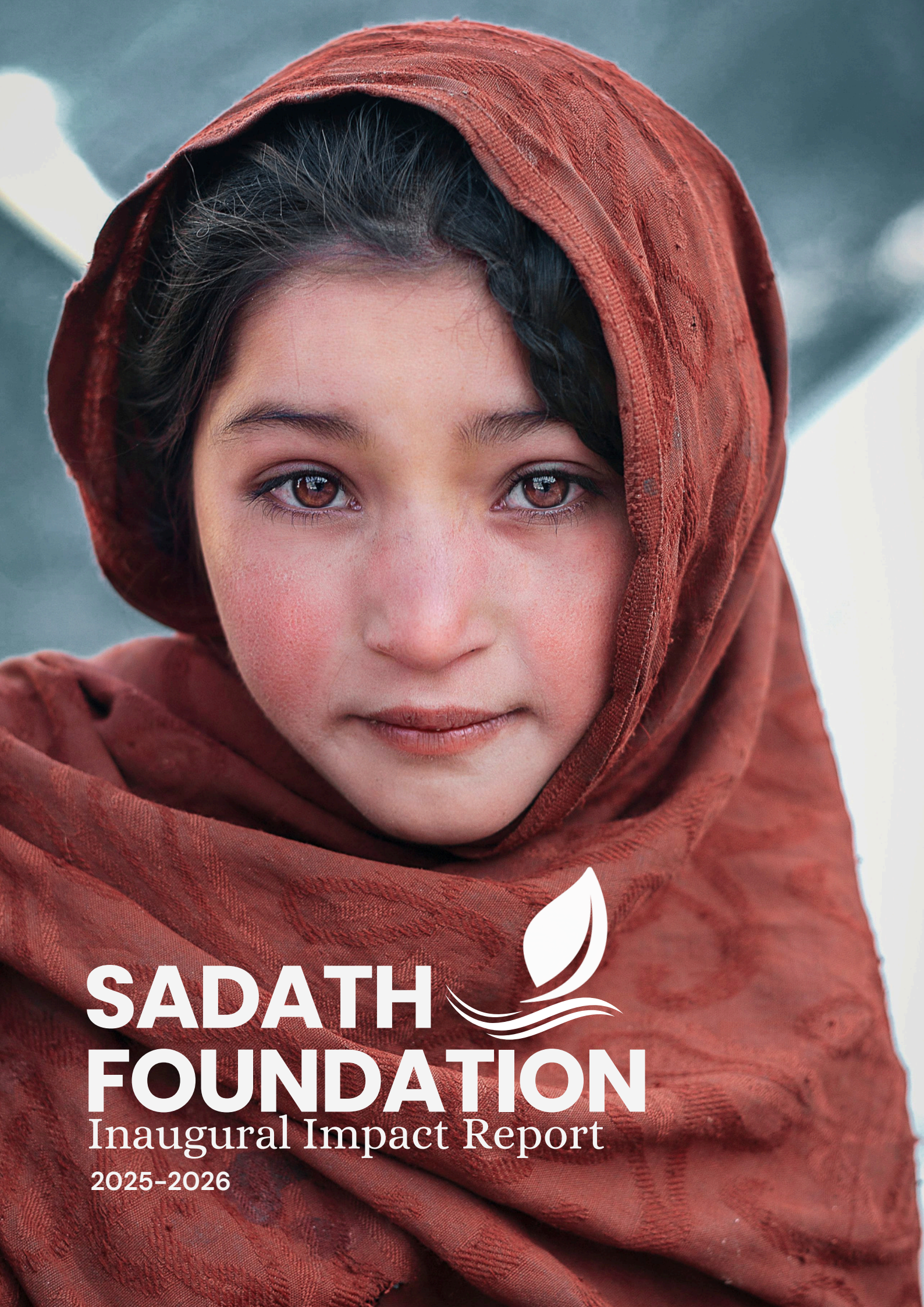




SADATH FOUNDATION



Inaugural Impact Report

2025-2026

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WHO WE ARE

Sadath Foundation is an Australian-registered charity working in humanitarian health in Afghanistan.

Our core leadership team are Afghans and Australians embedded in Afghanistan. Local doctors and community volunteers do the work on the ground, and our leadership team trains and works alongside them. We combine Afghan leadership with Australian medical expertise, governance, and accountability.

We exist to do work that can only be done by people who already know the country, who speak the language, hold the relationships, and understand the constraints.



OUR THEORY OF CHANGE



If we

improve access to quality health care for the most needy communities in Afghanistan

by...

operating mobile clinic services to deliver general and mental health services in impoverished, rural and disaster settings

and by...

training and mentoring Afghan volunteers and health professionals.

we will...

improve Afghanistan's health system and reduce the burden of disease and trauma

so that...

Afghanistan's most vulnerable communities can experience healing and lasting hope for future generations.

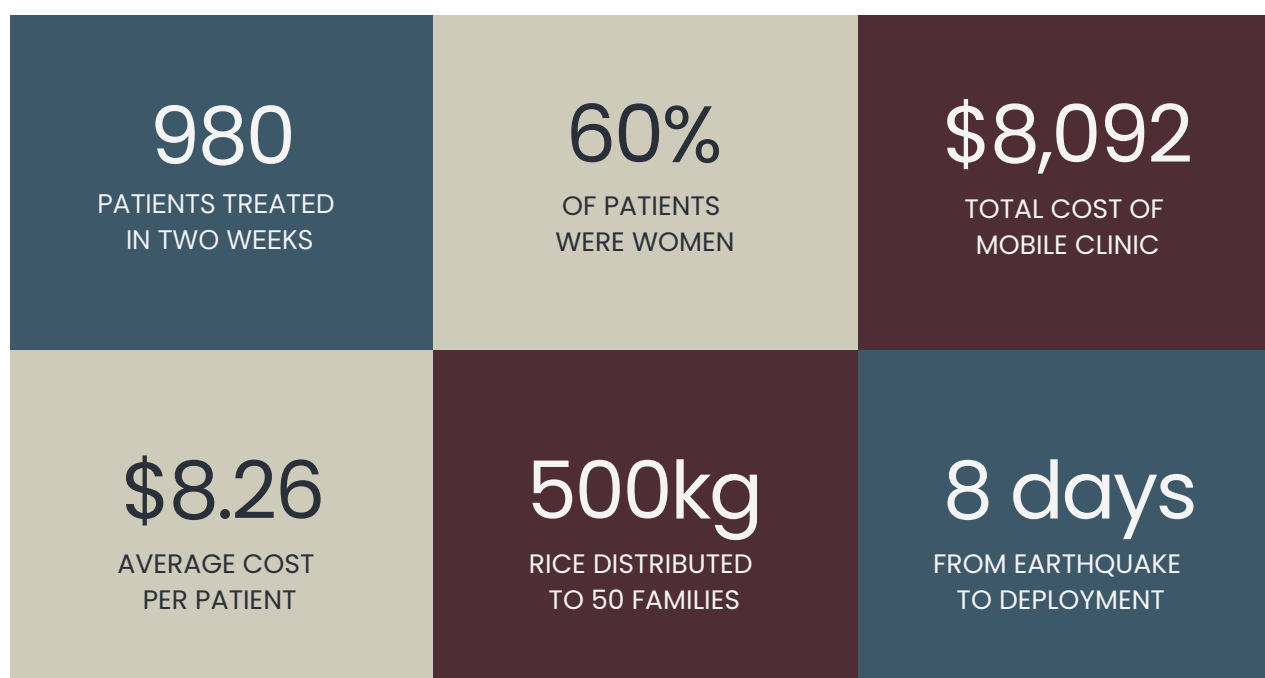
KUNAR EARTHQUAKE RESPONSE: OUR FIRST TEST

In August 2025 powerful earthquakes struck eastern Afghanistan.

6,000 homes were destroyed.

2,000 lives were lost.

We responded quickly.



Sadath Foundation deployed a mobile clinic to the Zeri Baba displacement camp. From September 8 to 21, our team of four local medical staff provided care to 980 patients. They were supported remotely by Dr Kelvin Chang, who was based in Kabul at the time. They provided a broad range of primary care services, treating infections, diarrhoeal illnesses, mental illness and women's health issues. They triaged and transported emergency cases to hospital. Female medical staff provided sensitive care to women with bleeding, pain or requiring pregnancy care.

"No one else provides the level of service that you do."

— mobile clinic patient, treated by Sadath Foundation doctors

WHAT WE LEARNED

Local knowledge enables rapid response

We were operational within days because our team already knew the area, the language, and the communities. Cultural embeddedness enables speed.

Cost efficiency comes from how, not what

At \$8.26 per patient, low costs were achieved through local staffing, careful planning, and leadership that understands how to maximise the value of every dollar in the Afghan context.

Women's health was the largest hidden need

60% of patients were women. In a context where access is constrained, trusted and culturally appropriate care can reach populations that are otherwise excluded.

Funding defines impact

Demand remained high throughout, but service delivery was limited by funding duration rather than operational capacity.

AFGHANISTAN'S HEALTH GAPS

In the top 10 highest maternal mortality rates in the world.

One in three Afghans have inadequate access to healthcare.

One in five Afghans experience impaired daily functioning due to traumatic events.



OUR 2027 GOALS

01

MOBILE HEALTH SERVICES

In 2027 we will operate three short term mobile clinics among underserved and remote communities. Over the medium term, we will expand our remote mobile clinic services and develop our crisis response capacity.

02

MENTAL HEALTH

In 2027 we will develop a Psychological First Aid training program for community volunteers and train our first cohort. Over the medium term we aim to train four cohorts and introduce community trauma resilience projects alongside medical work.

03

TRAINING

In 2027 we will begin to train Afghan health professionals in partnership with local education providers, identifying areas where we can add value. Over the medium term, we will build a pipeline of trained Afghan doctors and midwives connected to Sadath Foundation projects.

04

WATER (EXPLORATORY)

In 2027 we will scope where Sadath Foundation might contribute to alleviating Kabul's water crisis. If scoping points to a viable role, we aim to run a small pilot project in the medium term. Any longer-term ambition will be shaped by what we learn.

OUR TEAM



Ishaq Sadath, Founding Director

Ishaq came to Australia as a refugee from Afghanistan. He built a successful life here, but always felt the pull of what he could contribute to his home country. In Afghanistan, he served in the WHO as Head of Water and Sanitation for the Eastern Provinces and started successful businesses including the Sadath Business Group. His connections, cultural fluency, and deep knowledge of the country form the foundation of Sadath Foundation's work.

Dr Kelvin Chang, Executive Director

Kelvin is an Australian-trained specialist in General Practice and has spent the last three years living and working in Tajikistan and Afghanistan.

He directs the foundation's operations, partnerships, and program delivery, serves as our medical lead, and is the primary point of contact for funders, partners, and external stakeholders.

Hannah Abraham Director, Women & Health

Hannah leads the development and delivery of our mental health programs, with a particular focus on women and trauma recovery. She brings cross-cultural expertise and experience working with women in Tajikistan and Afghanistan.

She holds a certificate in Psychological First Aid, and is completing a Graduate Certificate in trauma counseling.

Dr Tim Harrold Co-Founder and Treasurer

Tim is responsible for the foundation's financial stewardship, budgeting, and the integrity of its accounts. He also holds the long-term vision for our future water work in Kabul.

He holds a PhD in statistics and hydrology and brings twenty-five years of experience in the Australian water sector, as well as with the Sadath Business Group in Afghanistan and across Asia.

PARTNER WITH US

We are seeking a core group of founding donors whose early investment will fund an initial period of focused, high-impact health projects in Afghanistan. These early projects will enable us to establish effective programs on the ground while building trust and visibility among Australian communities. This will lay the foundation for sustainable community-led funding.

All donations within Australia are tax deductible. We also welcome conversations with corporate partners about a tailored business package.

Our commitments

Sadath Foundation is registered with the ACNC and complies with ACNC External Conduct Standards. We operate within established humanitarian coordination frameworks. We will publish an annual financial summary and impact report. We adhere to Australian charity law and regulatory standards.

Get in touch

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**HEALING FOR AFGHAN COMMUNITIES.
HOPE IN THE HARDEST PLACES.**